



**PAKISTAN**  
Rescue Team



**INSARAG**

Preparedness • Response

# INTERNATIONAL RESCUE CHALLENGE

**21<sup>st</sup> -22<sup>nd</sup> October, 2024**

## INFORMATION PACKAGE

Emergency Services Academy, Lahore-Pakistan

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## 1. Background

The purpose of this Rescue Challenge is to improve coordination and ensure uniform standards of emergency services in the region. This challenge shall also help in capacity building and skill enhancement of international USAR teams. Keeping view, the commonly faced challenges during USAR response by the emergency services, the following competitions shall be held:

- **Height Rescue Challenge**
- **Deep Well Rescue Challenge**
- **Confined Space Extrication Challenge**
- **Trauma Challenge**
- **Fitness Challenge**

## 2. Venue and Dates

The International Rescue Challenge 2024 will be held from 21 – 22 October 2024 at Emergency Services Academy, Lahore, Pakistan.

## 3. Registration

Participants are required to complete registration on the link <https://rescue.gov.pk/irc/> by **31<sup>st</sup> August 2024**. The Challenge Coordinator will confirm acceptance by email no later than **7<sup>th</sup> September, 2024**. In case, the team requires an invitation letter for visa facilitation may request on the Email: [IRC2024@rescue.gov.pk](mailto:IRC2024@rescue.gov.pk).

## 4. Points of Contact

Name	Organization	Contact Details
<b>Rescue Challenge Coordinators</b>		
Dr. Muhammad Farhan Khalid Team Leader/ Registrar, Managers Training Center	Managers Training Center, Emergency Services Department	Email: <a href="mailto:ddtraining@rescue.gov.pk">ddtraining@rescue.gov.pk</a> <a href="mailto:IRC2024@rescue.gov.pk">IRC2024@rescue.gov.pk</a> Tel: + 92 333 613 2788
Muhammad Ahsan Deputy Team Leader/ Provincial Monitoring Officer	Emergency Services Department	Email: <a href="mailto:ahsaneo@gmail.com">ahsaneo@gmail.com</a> <a href="mailto:IRC2024@rescue.gov.pk">IRC2024@rescue.gov.pk</a> Tel: + 92 333 460 1122
Ms. Deeba Shahnaz Akhtar Liaison Officer/ Deputy Director, Community Safety & Information	Emergency Services Department	Email: <a href="mailto:safecom@rescue.gov.pk">safecom@rescue.gov.pk</a> <a href="mailto:IRC2024@rescue.gov.pk">IRC2024@rescue.gov.pk</a> Tel: + 92 333 547 1122

## 5. Important Dates and Locations

Participants are required to reach Lahore Pakistan by 20<sup>th</sup> October 2024 inform the Challenge Coordinator about arrival and share the details of the reserved hotel. The participants will be facilitated with transport for pick drop from the hotel to the Academy. The registration of the teams shall be held from 0800 to 0900 Hrs on Monday, 21<sup>st</sup> October at Emergency Services Academy. The transport will reach your respective hotels by 0700 hrs.

## 6. Overview of the Event Program

<b>Day 1: Monday, 21<sup>st</sup> October 2024</b>	
0800 - 1000	<b>Opening Ceremony</b> <ul style="list-style-type: none"><li>• Reception &amp; Registration of Teams</li><li>• Assembly of the teams</li><li>• Inauguration by the Chief Guest</li></ul>
1000-1300	<b>Commencement of International Rescue Challenge</b> <ul style="list-style-type: none"><li>• Height Rescue Challenge</li><li>• Deep Well Rescue Challenge</li><li>• Confined Space Extrication Challenge</li><li>• Trauma Challenge</li><li>• Fitness Challenge</li></ul>
1300-1400	Lunch Break
1500-1630	Commencement of scenarios/ challenge activities as per schedule
<b>Day 2: Tuesday, 22<sup>nd</sup> October 2024</b>	
0900 - 1300	<b>Commencement of International Rescue Challenge</b> <ul style="list-style-type: none"><li>• Assembly of the teams</li><li>• Participation of international USAR teams in challenge activities</li><li>• Commencement of scenarios/ challenge activities as per schedule</li></ul>
1300 - 1400	Lunch Break
1400 – 1600	Seminar on Emergency Services Reforms
1600 - 1730	<b>Closing Ceremony of International Rescue Challenge</b> <ul style="list-style-type: none"><li>• Assembly of the teams</li><li>• Welcome speech by the Secretary Emergency Services Department</li><li>• Speech by the INSARAG Representative</li><li>• Address by the Chief Guest</li><li>• Prize Distribution / Group photo</li></ul>

## 7. Travel Information

### Visa

Depending on your country of origin, you may require a visa to enter Pakistan. Please apply for your visa **at least** four weeks before the event date to ensure an appropriate time for the visa process.

Further information regarding visa types and applications is available at the Visa portal of the Islamic Republic of Pakistan which is accessible through the following link: <https://visa.nadra.gov.pk/other-visa/>

### Flights

Allama Iqbal International Airport Lahore (LHE) is an international airport where most of the airlines operate. The distance from Allama Iqbal International Airport Lahore to all suggested hotels is approximately 30 kilometers and Emergency Services Academy is 33 kilometers.

### Transport–Arrival

The participants are requested to coordinate prior if they need any support for pick and drop from the airport to the hotel. However, you can use hotel pick & drop airport taxi service, or online taxi service via mobile apps i.e. **Uber, InDrive, and Yungo**. The estimated fare is about 1700 to 2000 PKR/ trip. If there is any issue on arrival, please contact the Focal Person, Mr. Muhammad Ahsan at cell phone +92 333 460 1122.

## 8. Accommodation

Hotel accommodation has been arranged at a corporate rate in different hotels for International Rescue Challenge participants. To take advantage of this discounted rate, bookings should be made directly with the hotel via the booking links below, **no later than 14<sup>th</sup> September 2024**.

**Please note** that participants are expected to cover all costs associated with accommodation and meals. Lunch and refreshments during the days of the Challenge shall be served by the Emergency Services Academy.

### Option-1

Hotel name:	<b>Nishat Hotel (4 Stars)</b>
Address:	1 Abdul Haque Rd, Block G1 Phase 1 Johar
Town, Lahore,	Punjab 54700
Telephone:	+92 42 111 646 835
<b>Booking link</b>	<a href="mailto:info@nishathotel.com">info@nishathotel.com</a> .
Bookings required by:	10 October 2024
Hotel website:	<a href="https://nishathotels.com/explore/johar-town/">https://nishathotels.com/explore/johar-town/</a>
<b>Corporate Rates:</b>	Single Occupancy @ USD 120 inclusive tax/ night Double Occupancy @ USD 130 inclusive tax/ night

## Option-2

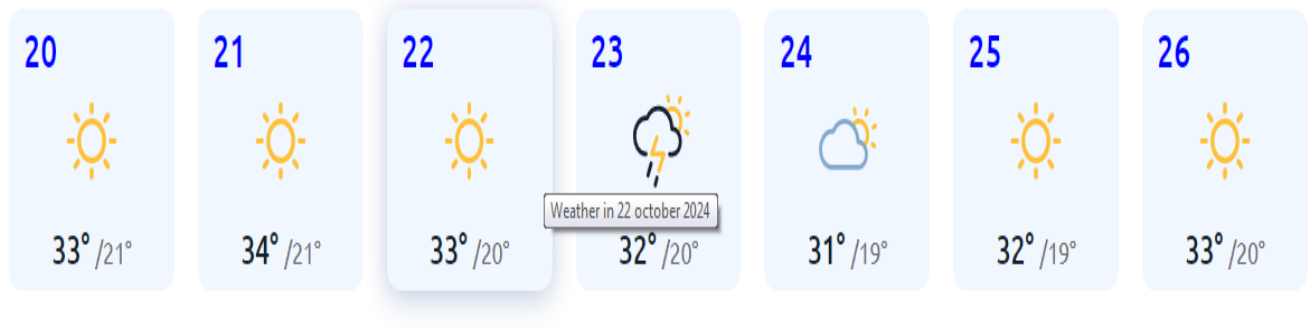
Hotel name: **Rich Hotel (3 Stars)**  
Address: 399-A,B, Block J3 Nazaria-e-Pakistan Road Johar  
Town, Lahore, Punjab 54700  
Telephone: +92 42 111 111 150  
**Booking link** [reservations@richhotel.pk](mailto:reservations@richhotel.pk)  
Bookings required by: 10 October 2024  
Hotel website: <https://richhotel.pk/>  
**Corporate Rates:** Single Occupancy @ USD 40 + tax (16%)/ night  
Double Occupancy @ USD 45 + tax (16%)/ night

## Option-3

Hotel name: **Al-Nafoora (3 Stars)**  
Address: 1, Block P Phase 2 Johar Town, Lahore, Punjab  
Telephone: +92 42 111 646 835, 42 35300066  
**Booking link**  
Bookings required by: 10 October 2024  
Hotel website: search for booking with hotel name  
**Corporate Rates:** Single Occupancy Deluxe USD 35 + tax /night  
Double Occupancy Executive USD 40 + tax /night

## 9. Weather in Lahore Pakistan

**20 to 26 October 2024**



## 10. General Information

### a. In Case of Emergency

If an emergency arises, take the following steps:

- i. Ensure personal safety.
- ii. Fire/Ambulance services by dialing '**1122**'.
- iii. Contact the Police by dialing "**15**"
- iv. When safe liable to do so, contact the event Focal Person.

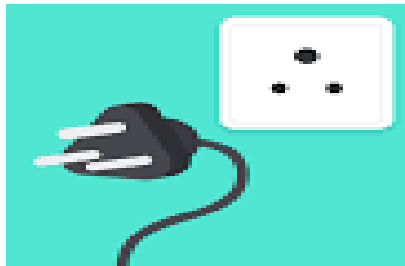
Participants should make their arrangements concerning health and travel insurance before arriving in Pakistan.

### b. Smoking

Smoking is banned in indoor and outdoor public places in Pakistan (except assigned smoking areas).

### c. Electricity

In Pakistan the supply voltage is 220V and two associated plug types, C and D are used. If the appliance is a single voltage rated appliance, it will need to operate at the same voltage as the supply voltage of the country i.e. 220V.



### d. Communications

The landline telephone country code for Pakistan is: +92 and the city code for Lahore is 42.

### e. Currency and Exchange

The monetary unit of Pakistan is the Pakistani Rupee PKR. The present exchange rate is **1 US \$ = 280 PKR** (20<sup>th</sup> April, 2024)

Most of the major currencies (US dollar, Australian dollar, Euro, Pound, Riyal Dirham, etc.) can be exchanged at currency exchange shops, Emporium Mall, adjacent Nishat Hotel, the airport, or the hotel. Visa and MasterCard are widely accepted. Banks will usually operate Monday to Friday, 9 am to 5 pm, and will either be closed or have limited operation on weekends.